



# TOM JONES

THE ONLY PERSON ON THE PLANET TO ACHIEVE MULTIPLE WORLD RECORDS IN ENDURANCE AND EXPLOSIVE SPORTS

## MISSION

The more people we can help the more blessed and successful we will be.

## ATHLETE

7 Time Muay Thai Champion 2 World Titles, 4 North American Titles, and several State.

Ran a full marathon and won a sanctioned Muay Thai prize fight the same day.

Consecutively circumnavigated the Hawaiian Island of Oahu 3 times, running, cycling, and stand up paddle boarding.

Ran the length of California on foot from Oregon to Mexico at a pace of 15 miles/day

Ran the length of California on foot from Oregon to Mexico 2 times at an average pace of a marathon (26.2 miles) each day.

Ran across North America on foot from Huntington Beach California to New York City at a pace of a marathon (26.2 miles) each day for 121 consecutive days.

Broke the Stand Up Paddleboard long distance World Record of 1507 miles in 93 days.

Set the first ever Flat Water World record paddling 500 miles in 16 days.

## SPEAKER

- Amway Diamond level distributor's
- Amway Executives directly from corporate headquarters.
- Viking Components fortune 500 company.
- Viking Components Ireland fortune 500 company in Ireland.
- National Speaker at Elementary, Middle, High Schools including Costa Mesa High School and Mississippi State University. Several Kiwanis and Rotary Clubs around the Nation.
- Dozens of church groups and children's homes across the nation during philanthropic runs across the USA.

## QUITPROOF TOPICS

### LEADERS LEAD

Finding your Big Why, the catalyst that fuels you to lead, to be a thinker and a doer. Breakdown the walls of limiting beliefs and open up your success trajectory, to include instilling leadership skills in your team.

### BECOMING QUITPROOF

Energize your company with the Five Pointed Star of personal success. Tom's field-tested techniques to never quit on yourself again have been battle tested on land sea and combat zones.

### THE POWER OF RESPONSIBILITY

Graduating Series Honor Man in the Marine Corps holds many lessons on resilience, excellence, and esprit de corps. But the lesson of Responsibility made Tom a champion for life.

"I will save you time and effort by leveraging a lifetime of heavy lifting, so you don't have to."



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FOUNDER OF QUITPROOF | SUPER ATHLETE



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